

Creating Healthy Neighborhoods through Arts Wellness



### Who We Are

We are a group of enthusiastic members of the community, looking to activate neighborhoods through art.

Our workshops are taught by a professional artist who has experience in bringing together a variety of populations, using trauma-informed practices in a supportive and inclusive environment. We hope to share this model with other neighborhoods, bringing art and local communities together on a national level.

Workshops are supported by the Rose Park Neighborhood Association, which serves as the fiscal agent.



## Mission

To create opportunities for neighbors to connect, build community and foster healthy neighborhoods through arts wellness and collaborative creativity.





#### **Program Goals**

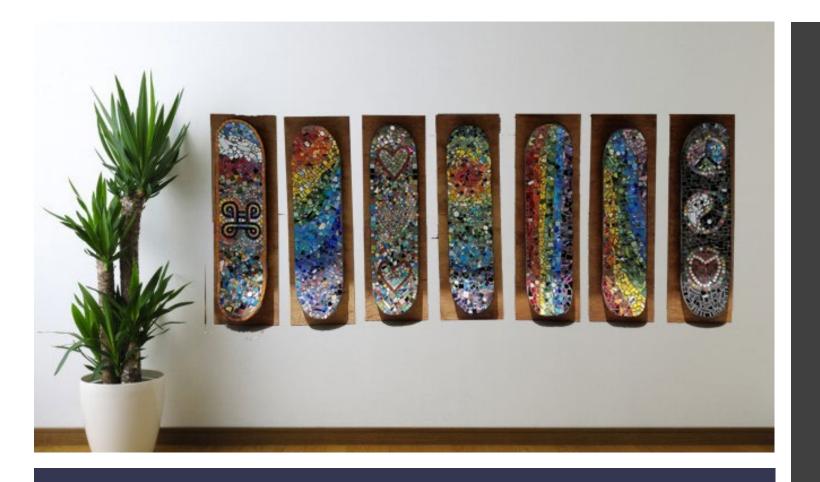
- Develop series of free workshops in community spaces.
- Make and take projects for skill building and special events
- Provide comment book for individuals to record their experiences
- Collaborative art projects (i.e. Rose Park skateboard) focusing on the theme of healthy neighborhoods
- Identify venues and opportunities for these creative experiences
- Create series of informative docs to share at events on specific art form featured and benefits of arts wellness in community.



# **Community Public Art Engagement Goals**

- **Goal:** Find one opportunity to create a public piece to be displayed in Rose Park Neighborhood by the end of 2019. Complete in Spring 2020.
- Create opportunities for youth to be mentored in program, by creating artwork, helping coordinate and design as well as help build relationships.
- Develop a presentation showing experiences and examples of how art has helped build community. Have this presentation at library talk, local venue and/or groups, to educate
- Apply for grants to help support a community public piece





"The arts are a critical component of healthcare. Expressive art is a tool to explore, develop and practice creativity as a means to wellness." ~ Wellarts Association

#### **Annual Exhibition**

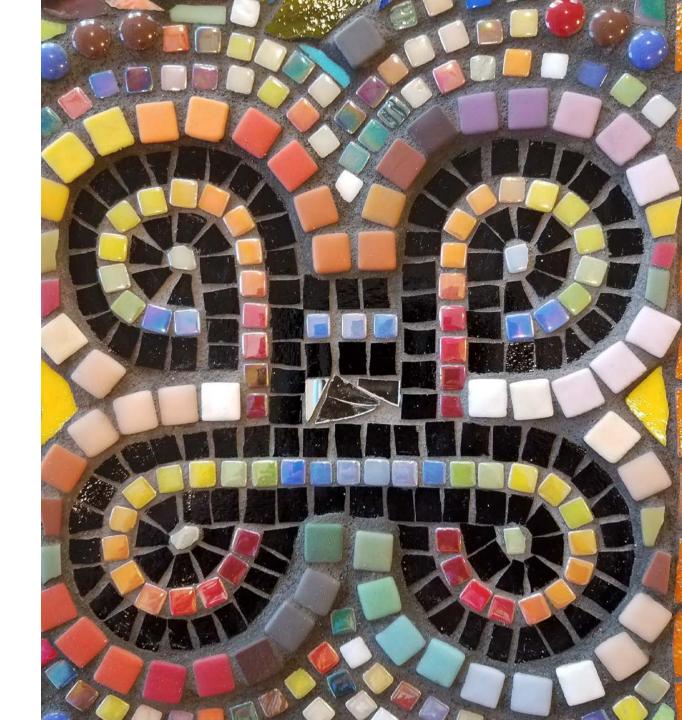
- Find location(s) to display current community artwork.
- Have accompanying information about arts wellness and healthy neighborhoods.

# Measuring success

- Art work created
- Community engagement/input
- Attendance

"We need our Arts to teach us how to breathe"

~Ray Bradbury, Zen in the Art of Writing





# Neighborhood Impact

- Discovery of hidden artistic talents
- Stronger Community
- Renewed sense of belonging/inclusiveness

"Arts and culture make considerable and necessary contributions to the well-being of communities. Arts and culture are powerful tools with which to engage communities in various levels of change. They are a means to public dialogue, contribute to the development of a community's creative learning, create healthy communities capable of action, provide a powerful tool for community mobilization and activism, and help build community capacity and leadership."

~ Creative City Network of Canada

## **Framing Success**

- Breaking isolation
- Building community
- Strong wellness practices
- Communication

"The arts empower. The arts give a voice to the voiceless. The arts help transform American communities and, as I often say, the result can be a better child, a better town, a better nation and certainly a better world. Let's champion our arts action heroes, emulate them and make our communities everything we want them to be."

~ Robert L. Lynch, President, Americans for the Arts

